



# Application Form 2026 Personal Growth Course

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## 1. Applicant Information

Title:  Your Full Name:

Preferred Name:  Pronouns:

Contact Number:  Email Address:

ID No./Date of Birth:  Occupation/Job:

Age Group:  21 - 30  31 - 40  41 - 50  51 - 60  61 - 70  71 +

## 2. Emergency Contact Information:

Full Name of Emergency Contact:  Relationship to you:

Contact Number:  Email Address:

## 3. Motivation for doing the course:

- |  |   |
|--|---|
| <input type="checkbox"/> For personal Growth             | <input type="checkbox"/> To acquire skills to use in my community |
| <input type="checkbox"/> To become a LifeLine Counsellor | <input type="checkbox"/> Recommended by someone / employer        |
| <input type="checkbox"/> Other: _____                    |   |

## 4. Where did you hear about LifeLine?

Instagram  Facebook  LinkedIn  Internet Search  Word of Mouth  Other: \_\_\_\_\_

## 5. Course Selection

Course Code: PG1-2026 (Evening)  
Starting Date: 22 January 2026

PG2-2026 (Morning)  
15 April 2026

PG3-2026 (Evening)  
23 July 2026

## 6. Attendance Requirements:

- Compulsory sessions 1, 3 and 10 cannot be missed. If missed, you may continue the course but not be eligible for selection.
- If a trainee misses 2 consecutive sessions, they will not be allowed to proceed with the course.
- If a trainee misses 2 non-consecutive sessions, they may proceed with the course but not be eligible for selection.
- If you are currently in therapy, please submit a short letter from your therapist before Session 1 confirming that participation is suitable.

## 7. Course Fees and Payment:

Upfront cost of courses: R5 200.00

Instalment cost of courses: R5 600.00

Refund policy: 100% refund of course fees before course commencement. Fees are not refundable after a course has commenced.

### Instalment Terms:

- 50% deposit is required before course commencement to secure your place.
- Final 50% due by Session 5.
- Failure to pay will result in you not being allowed to complete the course.

### Banking Details:

LifeLine Western Cape  
Standard Bank – Thibault Square  
Branch Code: 020909  
Account Number: 071 246 347

Reference: Your Name, Surname and Course Code (e.g. Jami Pamuk PG1-2026)

Email your application form and proof of payment to: [training@lifelinewc.org.za](mailto:training@lifelinewc.org.za)

## 8. Agreement and Signature:

By submitting this application, I confirm that the information provided above is true and complete, and that I have read and understood the attendance and refund policies.

Date:

Signature:

Thank you for applying to join the LifeLine Western Cape Personal Growth Course. We look forward to walking this journey with you.