



Application Form 2026 Personal Growth Course

1. Applicant Information

Title: Your Full Name:

Preferred Name: Pronouns:

Contact Number: Email Address:

ID No./Date of Birth: Occupation/Job:

Age Group: ☐ 21 - 30 ☐ 31 - 40 ☐ 41 - 50 ☐ 51 - 60 ☐ 61 - 70 ☐ 71 +

2. Emergency Contact Information:

Full Name of Emergency Contact: Relationship to you:

Contact Number: Email Address:

3. Motivation for doing the course:

☐ For personal Growth	☐ To acquire skills to use in my community
☐ To become a LifeLine Counsellor	☐ Recommended by someone / employer
☐ Other: _____	

4. Where did you hear about LifeLine?

☐ Instagram ☐ Facebook ☐ LinkedIn ☐ Internet Search ☐ Word of Mouth ☐ Other: _____

5. Course Selection

Course Code: PG1-2026 (Evening)
Starting Date: 22 January 2026

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PG2-2026 (Morning)
15 April 2026

☐

PG3-2026 (Evening)
23 July 2026

☐

6. The following requirements apply to this course:

- You must be 21 years of age or older to apply for this course.
- Compulsory sessions 1, 3 and 10 cannot be missed. If missed, you may continue the course but not be eligible for selection.
- If a trainee misses 2 consecutive sessions, they will not be allowed to proceed with the course.
- If a trainee misses 2 non-consecutive sessions, they may proceed with the course but not be eligible for selection.
- If you are currently in therapy, please submit a short letter from your therapist before Session 1 confirming that participation is suitable.
- **Please note:** If you are currently experiencing grief or a significant loss, we encourage you to wait and apply again when you feel ready. We suggest allowing at least a year before joining the course.

7. Course Fees and Payment:

Upfront cost of courses: R5 200.00

Instalment cost of courses: R5 600.00

Refund policy: 100% refund of course fees before course commencement. Fees are not refundable after the course has commenced.

Instalment Terms:

- 50% deposit is required before course commencement to secure your place.
- Final 50% due by Session 5.
- Failure to pay will result in you not being allowed to complete the course.

Banking Details:

LifeLine Western Cape
Standard Bank – Thibault Square
Branch Code: 020909
Account Number: 071 246 347

Reference: Your Name, Surname and Course Code (e.g. Jami Pamuk PG1-2026)

Email your application form and proof of payment to: training@lifelinewc.org.za

8. Agreement and Signature:

By submitting this application, I confirm that the information provided above is true and complete, and that I have read and understood the attendance and refund policies.

Date:

Signature: